




BEECHMONT ESTATE DAY SPA

BEECHMONT
ESTATE



EXPERIENCE AUSTRALIAN LUXURY AT BEECHMONT ESTATE DAY SPA,
NESTLED IN THE HEART OF OUR RETREAT AMIDST THE REFRESHING
HINTERLAND SURROUNDS.

IMMERSE YOURSELF IN OUR SERENE SANCTUARY, WITH FACIALS
FEATURING PH BALANCED ACTIVE INGREDIENTS, TENSION-RELIEVING
MASSAGES, AND BOTANICAL SCRUBS AND WRAPS INSPIRED BY
THE RICHES OF THE SCENIC RIM.



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FACIALS

AHA RADIANCE RENEWAL FACIAL

1 HOUR 30 MINUTES

\$220

Cleanse | AHA revitalisation | Cryo-ceramic facial massage | Dual mask treatment system | Pressure point head, neck & shoulder massage

This transformative performance facial features a gentle yet effective exfoliation using alpha hydroxy acids to refine the skin's tone and texture, targeting congestion, dehydration, pigmentation and fine lines. Chilled ceramics are used to deliver a unique cooling experience, reducing inflammation and promoting collagen production, unveiling radiant skin.

CUSTOMISED SPA FACIAL

1 HOUR

\$175

Cleanse | Exfoliate | Dual mask treatment system | Head & neck pressure point massage

This luxurious customised spa facial is carefully crafted to address your specific skin concerns, whether it's hydration, rejuvenation, or purification. Your expert therapist will assess your skin's pH balance and select the perfect products to restore its natural equilibrium.





BODY TREATMENT

SOLE SOLACE

1 HOUR 30 MINUTES

\$220

Back massage | Foot & leg thermal treatment | Head & neck pressure point massage | Scalp therapy

Relieve stress with this indulgent experience, created with heated elements to treat the hardest working parts of your body. Begin this journey with a focused back massage. While your foot treatment and thermal wrap treats tired feet and legs, enjoy an acupressure point head, neck massage and tigers eye scalp therapy. An acupressure point foot and leg massage concludes your sole solace journey.

HINTERLAND ESCAPE

2 HOURS

\$310

Foot ritual | Full body exfoliation & thermal mud wrap | Scalp therapy full body massage

Quiet the mind and release the body. Your skin is gently exfoliated, leaving it silky smooth and prepared for the detoxifying embrace of a thermal mud wrap. While cocooned in the warm, mineral-rich mud you are treated to a blissful scalp therapy using a copper mineral conditioning treatment for the scalp and hair. A quick rinse in the shower leaves the skin ready for a full body massage to release deep tension for a complete awakening.

RITUALS

ELEMENTAL SELF

3 HOURS

\$410

Full body scrub, mask & wrap | Full body massage | pH balance facial | Pressure point head, neck & shoulder massage

Your journey begins with a gentle yet invigorating scrub and wrap that will leave your skin feeling velvety smooth and rejuvenated. Following this, a soothing massage will unravel the knots of tension, leaving your muscles relaxed and your spirit at ease. Our customised spa facial will then work its magic, purifying and replenishing your skin, leaving you with a radiant glow.

DEEP CONNECTION

2 HOURS

\$310

Unwind massage | Customised spa facial

Begin your journey with a deeply soothing and targeted massage that will melt away tension and stress, leaving your body in a state of blissful tranquillity. Following the massage, your skilled therapist will treat you to a customised restorative facial, tailored to address your specific skincare needs and leave your skin glowing with vitality.





SACRED TIME

1 HOUR 30 MINUTES

\$240

Pregnancy facial | Head, neck & shoulder massage | Leg & foot relief

Carrying a new soul can wear on the body, so here is one just for the two of you. Designed to restore natal luminance, this tailored pregnancy facial will address the unique skincare needs that pregnancy can bring, leaving your complexion refreshed and radiant. Then, surrender to the blissful tranquillity of a head, neck & shoulder massage, where our skilled therapist will use gentle techniques to release tension and promote a sense of calm. To complete the ritual, indulge in leg and foot relief, allowing the aches and fatigue of pregnancy to melt away as your feet and legs receive focused care.

*Treatment recommended after first trimester – all pregnancy treatments are preformed to safety guidelines.

MASSAGES

DEEPER FIBRES

1 HOUR \$180 | 1 HOUR 30 MINUTES \$245

Deep tissue massage

Employing remedial techniques and harnessing the power of the bian stone, our deep tissue massage is designed to alleviate muscle tension and release trapped toxins, by penetrating deep into tight muscles.

We recommend a 1 hour treatment to target one or two specific regions of the body and 1 hour 30 minutes for the full body.

KNOWING TOUCH

1 HOUR 30 MINUTES \$210

Full body Akwaterra massage | Head, scalp & neck massage

Utilising heat through Akwaterra ceramics, this treatment is similar to a hot stone massage. The warm ceramics applied with rhythmic massage techniques and pressure point therapy allows your therapist to focus on tightly wound areas, releasing trapped tension, lingering toxins and freeing your headspace.





AROMA UNWIND

1 HOUR \$170 | 1 HOUR 30 MINUTES \$215

Relaxation massage

The body is strategically eased with traditional Chinese wisdom and signature aromatic blends. Allow your senses to select an aromatherapy journey made for you.

As the aroma of the essential oils envelop your senses, tensions melt away, and stress evaporates. With gentle, flowing strokes and expert hands, your therapist will release muscle tension and promote deep relaxation, leaving you with a profound sense of calm and renewal.

* Aroma-free oil is also available.

ENHANCEMENTS

ADD TO ANY TREATMENT | 30 MINUTES

AROMA UNWIND - BACK MASSAGE

The perfect add-on to any facial or body treatment.

\$90

RESURFACE & REFRESH FACIAL

This treatment deeply cleans and buffs away built up congestion. The skin's hydration is restored and prepped for enhanced nutrient absorption.

\$105

SCALP COMB & HAIR THERAPY

Let tensions slip away as a warm, nourishing treatment mask is massaged into the scalp and hair, transporting you to ultimate relaxation.

\$90

SOOTHING FOOT & LEG RELIEF

Ease tension in sore, tired feet with a kneading massage. A thermal scrub will then increase circulation before a nourishing balm repairs tired heels.

\$90






SPA ETIQUETTE


We recommend that you arrive 5 minutes prior to your appointment to allow time to relax. For your comfort we suggest that you shower before all treatments and dress in what makes you feel most comfortable. Please advise if you have any health concerns or if you are or may be pregnant.

Your spa treatment is a personal journey, created and modified for your specific needs. Choose a journey from our spa menu or allow our therapists to tailor a treatment which reflects your mood or preference.

Your treatment time has been reserved especially for you, however, we understand that plans change. Please provide a minimum 24 hours' notice if you wish to reschedule or cancel your treatment. Without notice, the full charge of your treatment will apply.

Please note; a 10% surcharge applies to treatments on public holidays.



 Morris Escapes